

SAURASHTRA UNIVERSITY
DEPARTMENT OF PSYCHOLOGY
Rajkot-360005

M.PHIL PROGRAMME IN PSYCHOLOGY
(In force from June-2006)

Duration : 01 Year (Two courses in each semester)

The course of the programme can be arranged in the following manner :

Course No.01 (Core) : Research Methodology and Statistics
(I-Semester)

Course No. 02 (Core) : Personality measurement (I-Semester)

Course No. 03 (Electives) : (II – Semester)

1. psychology OF effective teaching
2. Psychology of communication
3. Psychology of Mental Hygiene
4. Organizational Behaviour

Course No. 04 (Core) : Dissertation (II – Semester)

Division of Marks :

Total marks = 400 (100 marks for every course).

Written examination will be for 60 percent and internal assessment for 40.

The Internal assessment will include seminar, assigned writing on given topic or tests to be designed by the concerned faculty dealing with the course.

In case of dissertation, the distribution of marks would be 60 marks for the thesis and 40 marks for viva-voce.

M.PHIL COURSE IN PSYCHOLOGY

M.Phil Semester-I

RESEARCH METHODOLOGY AND STATISTICS 60 Marks

30 Marks for Methodology

30 Marks for Statistics

Course No. 01 (Core)

1. Research Methodology : An Introduction – Research Design- Interpretation and Report writing – The computer, its role in Research – current trends in Research Methodology.
2. Special correlations : Biserial point biserial, tetra choric and Phi. Coefficient partial and multiple correlation 2X2x2 Factorial Design – 2 and 3 way ANOVA Analysis of covariance – MANOVA – Introduction to Factor Analysis –.

REFERENCE BOOKS :

1. Kothari, C. R. (1998) : Research Methodology – Methods & Technique (22nd reprint) New Delhi : Wishwa Prakashan.
2. Kerlinger, F. N. (1966) : Foundations of Behavioural Research. N.Y. Holt- Rinehart & Winston.
3. Garrett, H. E. (1961) : Statistics in Psychology and Education, Bombay : Allied Pacific Pvt. Ltd.,
4. Guilford, J.P. (1968): Psychometric Methods; N.Y.: McGraw Hill.
5. Edwards, A. L. (1972) : Experimental Design in Psychological Research, N.Y. : Holt Rinehart & Winston.
6. Maxwell, A.E. (1963) : Experimental Design for Behavioural and Medical Sciences, Perfamon Press.

M.PHIL – SEMESTER – I
COURSE NO. 02 (CORE)

PERSONALITY MEASUREMENT 60 MARKS

1. Approaches to the study of personality

- General Introduction to the concept of personality
- Biological / Type Approach – Theories of Krestschmer, Sheldon and Eysenk – A Brief Introduction.
- Psychoanalytic Approach – Theories of Freud, Jung, Adler and Murray – A Brief Introduction.
- Behavioural & Social – cognitive Approach – Theories of Skinner, Bandura and Walter Mischel – A Brief Introduction.
- Humanistic Approach – Theories of Carl Rogers and Abraham Maslow – A Brief Introduction.
- Trait Approach – Theory of Cattell – A Brief Introduction.
- Evaluation of all the Approaches.

2. Approaches of personality measurement :

- (i) Self Report Methods (Inventories) : - Approaches of Inventory Construction.
- Content Validation Approach – Woodworth's Personal Data Sheet, Mooney Problem Checklist and Bell Adjustment Inventory.
 - Empirical Criterion Keying Approach – MMPI and CPI
 - Factor Analysis Approach – Cattell's 16 PF, Guilford – Zimmerman Temperament survey.

- Rational – Theoretical Approach – Edwards Personal Preference Schedule, Jackson's Personality Research Form (PRF)
- (ii) Projective Techniques : Nature of Projective Techniques
Rorschach's Inkblot Test, TAT, Verbal Projective Tests,
Expressive Techniques like Play Methods and Psychodrama
- (iii) Non-Test Instruments :
- Behavioural Sample Techniques – Observation Method and Situational Tests – like CEI, OSS.
 - Rating Scales.

REFERENCES :

- Lorenze A. Pervin (1990), Handbook of Personality : Theory and Research, New York : Guilford Press.
- Howard S. Friedman and Miriam W. Schustach (2004), "Personality : Classic Theories and Modern Research", Delhi : Pearson Education Pte. Ltd., Indian Branch.
- Quammer Hussain, "Personality Measurement.
- Sarason, "Contemporary Research in Personality."
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M.PHIL SEMESTER – II (ELECTIVE)

Paper-III : Course No. 03

Psychology of Effective Teaching 60 Marks

1. Psychology and the educative process.
2. You as a Teacher.
3. Teaching Behaviour.
4. Teaching strategies.
5. Managing Teaching.
6. Motivation and discipline.
7. Evaluation of effective teaching.

REFERENCE BOOKS :

1. Dececoo, J. P. & Garswford W : (1979): The Psychology of Learning and Instructions, New Delhi : Prentice Hall of India.
2. Ereig et al : Contemporary Educational Psychology.
3. Hillgard, E. R. (1948) : Theories of Learning N.Y. : Appleton Century Crofts.
4. Kingsley & Garry (1970) : The Nature and Conditions of Learning Englewood Cliffs, Prentice Hall 1970.
5. Kegan, J. & Lang, C. (1978) : Psychology and Education. N.Y. : Harcourt Brace Jovanvovich.
6. Lefraneois, G. R. (1979) : Psychology for Teaching (3rd edi.) California Wadsworth Publishing Co.
7. Lingren, H.C. (1976): Educational Psychology in the class room (5th ed.) New York : Wiley & Son.
8. Cronbach, L. J. (1977) : Educational Psychology (3rd ed.) N.Y. : Harcourt Brace Jovanvovich. ***

M.PHIL SEMESTER – II

Paper-III : Course No. 03 (ELECTIVE)

PSYCHOLOGY OF COMMUNICATION 60 Marks

1. Psychology and communication
2. Language perception and thought
3. Communication in small groups.
4. Mass Communication.
5. Theories of Communication.
6. Barriers to communication and effective communication

REFERENCE BOOKS

1. Smith A. G. (1966) : communication AND culture. N.y. : Holt Rinehart & Winston.
2. Bethinghaus, E. P. (1968) : Persuasive Communication. N.Y. Holt Rinehart & Winston.
3. Currans et al (editor) (1977) : Mass Communication and Society Arnold.
4. George A. Miller (edit,1973): Psychology and Communication Voice of America Form series.
5. Gordon, G. N. (1969) : The Language of Communication, N.Y. Hasting House.
6. Recharadson Lee (ed. 1969): Dimensions of Communication, N.Y. : Appleton Century Crofts.
7. Tubbs S.L., Moss Sylvia (1977): Human Communication, Random House.

M.PHIL SEMESTER – II

Paper-III

Course No. 03(ELECTIVE)

PSYCHOLOGY OF MENTAL HYGIENE 60 Marks

1. Nature-Scope and principles of mental hygiene. Nature of a healthy personality.
2. Mental hygiene movement
3. Nature of mental disorders
4. Preventing mental disorders
5. Major approaches to Psychotherapy
6. Promoting mental health specially in family, in education, in society, in industry and in one self.
7. Action programme for mental health.

REFERENCE BOOKS :

1. Adelson, D. and Kalis, B. L. (1930): Community psychology and mental Health: Perspective and Challenges. Pennsylvania : Chandler Publication Co.,
2. Catalano, R. (1979): Health, Behaviour and Community : An Ecological Perspective, New York : Pergamon Press.
3. Colman & Broen (1975) : Abnormal Psychology and Modern Life. Bombay : D. B. Tarporewala & Sons. Indian reprint.
4. Atwater, East Wood (1983): Psychology of Adjustment (11ed) New Jersey : Prentice Hall, Englewood Cliffs.
5. Klien, D. B. (1956) : Mental Hygiene (Rev. ed.) N.Y. : Holt Rinehart & Winstion.

6. Ruch (1970): Psychology and Life (7th edi.) Bombay : D.B. Tarpore Wala & Sons.
7. Shaffer & Shoben (1956) : The personality of Adjustment. Boston : Houghton Mifflin Comp.
8. Sidney, N. Jourard (1958) : Personal Adjustment N.Y. Macmillan Co.,

M.PHIL SEMESTER – II

Paper-III

Course No. 03(ELECTIVE)

ORGANIZATIONAL BEHAVIOUR 60 Marks

1. Foundation of organizational Behaviour : Concept of organizational behaviour–Nature of OB, contributing Disciplines to organizational Behaviour – Role of Organizational Behaviour – Foundations of OB.
2. Personality : Meaning – Aspects of Personality.
3. Attitudes : The nature and dimensions of attitudes- Job satisfaction : What is Job satisfaction ? Influence on Job satisfaction – out come of Job satisfaction. Organizational commitment : Meaning and outcome of organizational Commitment.
4. Motivation : Meaning of motivation – primary motives – general motives – secondary motives – Maslow's hierarchy of needs – Herzberg's theory – Alderfer's theory.
5. Occupational stress : Meaning of stress – causes of stress – effects of occupational stress – coping strategies for stress.
6. Leadership: The roles and activities of leadership–leadership skills.
8. Communication and Decision Making : Communication Technology – Non-verbal communication – Interpersonal communication – Downward communication – upward communication – Decision making : Nature of Decision making – Techniques.

9. Organizational Climate : Concept of Organizational climate – factors in Organizational climate-impact of organizational climate.

REFERENCES :

1. Organizational Behaviour : Fred Luthans.
2. Organizational Behaviour : Stephen Robbins
3. Organizational Behaviour : L. M. Prasad.
4. Organisational Behaviour : Keith Devis.