

01229

**BACHELOR'S DEGREE PROGRAMME (BDP)
(B.A. PSYCHOLOGY)**

Term-End Examination

June, 2016

**BPCE-017 : INTRODUCTION TO COUNSELLING
PSYCHOLOGY**

Time : 2 hours

Maximum Marks : 50

Note : All sections are compulsory.

SECTION - A

Answer **any two** of the following questions in
about **450** words each.

2x10=20

1. Discuss the importance of counselling adolescents. Describe the ways of counselling students. **5+5**
2. What is family counselling? Explain the concepts of 'the identified client', 'homeostasis' and 'differentiation' in the context of family counselling. **3+7**
3. What is couple counselling? Explain the various techniques used for the same. **2+8**
4. Discuss the significance of psychosexual stages of development from counselling point of view. **10**

SECTION - B

Answer **any four** of the following questions in about 250 words each.

4x6=24

5. Explain and differentiate the basic skills and challenging skills in counselling. 6
6. Describe the role of a counsellor in a trauma laden situation in school. 6
7. Describe ethical responsibilities of the counsellor in respect of 'information shared with others', and 'record - keeping'. 3+3
8. What is dysfunctional communication pattern and elucidate the various dysfunctional communication patterns within a family ? Give examples. 2+4
9. Compare and contrast group counselling with individual counselling. 6

SECTION - C

Write short notes on **any two** of the following in about 100 words each.

2x3=6

10. Self actualising tendency 3
11. Centripetal periods in family life 3
12. Post - test counselling in HIV/AIDS 3