

D 11349

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Name.....

Reg. No.....

**FIFTH SEMESTER B.A./B.Sc./B.Com./B.B.A. DEGREE EXAMINATION
NOVEMBER 2016**

(CUCBCSS—UG)

Open Course

SOC 5D 01—LIFE SKILL EDUCATION

Time : Two Hours

Maximum : 40 Marks

Section A (Objective Type)

Answer all the five questions.

Each question carries 1 mark.

Fill in the blanks.

1. A Person's overall evaluation or appraisal of his own worth is called _____.
2. _____ is an example of self management skill.
3. Naukari.com is a _____ website.
4. Facing an interview is an example of _____ communication.
5. _____ is a source of career information.

(5 × 1 = 5 marks)

Section B (Very Short Answer)

Answer any five out of seven.

Each question carries 2 marks.

Define the following concepts.

6. Emotional quotient.
7. Coping Strategy.
8. Positive thinking.
9. Interpersonal skills.
10. Life long learning.
11. Career.
12. Self awareness.

(5 × 2 = 10 marks)

Turn over

Section C (Short Essay)

Answer any three questions out of five.

Each question carries 5 marks.

13. What is the need for career planning in present day social context ?
14. Identify the characteristics of effective interpersonal communication.
15. What is meant by critical thinking skill ?
16. Define Life skills education.
17. Present the important elements of a good resume.

(3 × 5 = 15 marks)

Section D (Essay Questions)

Answer any one question out of two.

It carries 10 marks.

18. Illustrate the different forms of communication.
19. Critically evaluate the role of career guidance centers.

(1 × 10 = 10 marks)