

MASTER OF ARTS (PSYCHOLOGY)

Term-End Examination

December, 2018

MPCE-021 : COUNSELLING PSYCHOLOGY

Time : 2 hours

Maximum Marks : 50

Note : All sections are compulsory.

SECTION - A

Answer any two of the following questions in about 450 words each : 2x10=20

1. Discuss the existential approach in terms of view of human nature, goals and techniques. 4+3+3
2. Discuss the various steps in art therapy. 10
3. Explain the operant conditioning Treatments in counseling. 10
4. Describe anorexia nervosa and bulimia nervosa in terms of diagnostic criteria and impact. 10

SECTION - B

Answer any four of the following questions in about 250 words each : 4x6=24

5. Describe the important aspects in terminating a counselling relationship. 6
6. Discuss the importance of physical setting and client qualities in the counseling situation. 3+3

7. Explain systematic desensitization with the help of an example. 6
8. Describe solution focused techniques. 6
9. Providing the Meaning of Substance Abuse, 2+4 explain Addictive Behaviour. 6

SECTION - C

Write short notes on any **two** of the following in about 100 words each. 2x3=6

10. Aversive therapy. 3
 11. Transference and counter-transference. 3
 12. Aims of HIV/AIDS Counselling. 3
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