

MASTER OF ARTS (PSYCHOLOGY)

Term-End Examination

December, 2018

**MPCE-022 : ASSESSMENT IN COUNSELLING
AND GUIDANCE**

Time : 2 hours

Maximum Marks : 50

Note : All sections are compulsory.

SECTION - A

Answer any two of the following questions in
about 450 words each : 2x10=20

1. Define behavioural counselling. Discuss the techniques of behavioural counselling. 3+7
2. What is school guidance programme ? Describe various guidances services in school guidance on counselling programme. 3+7
3. Discuss the Goals and steps in narrative counselling. 10
4. Discuss the components of psychological assessment and its areas of application. 4+6

SECTION - B

Answer any four of the following questions in
about 250 words each. 4x6=24

5. Discuss various characteristics of a good psychological test. 6

6. Discuss the principles on practical steps for reducing risk of ill health and promoting health. 3+3
7. Define counselling and guidance. Discuss the inter relation between counselling, and career planning. 2+4
8. Describe the techniques of rational emotive therapy. 6
9. Discuss various assessment complexities in psychological assessment. 6

SECTION - C

Write short notes on **any two** of the following in 100 words each : 2x3=6

10. Decision Making. 3
 11. Self concept and Ideal self. 3
 12. Case History Interview. 3
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