



PG – 940

**II Semester P.G. Diploma in Yoga Studies Examination, July 2017
(Semester Scheme)**

T 202 : INTRODUCTION TO INTER-DISCIPLINARY OF YOGA

Time : 3 Hours

Max. Marks : 80

- Instructions :** 1) Answer **all** the questions.
2) Answer either in **Kannada** or **English**.
3) **All** questions carry **equal** marks.

1. a) What is Music Therapy ? How is it useful ?

OR

b) Explain the importance of Pranayama for Music artists.

2. a) Yoga is important to actors. Explain.

OR

b) Discuss the qualities of a good actor and mention how yoga develops the qualities.

3. a) Discuss the relation between Dance and Yoga.

OR

b) Write the importance of Asana and Pranayama for an artist in the improvement of concentration.

4. a) Define Cell. Write a neat diagram of cell and mention its organelles and functions.

OR

b) Mention the organs of Digestive system. Explain the structure and functions of stomach with a neat diagram.

5. a) Write in briefly about the concept of Health and Disease.

OR

b) Explain briefly about Pancha Kosha Viveka and its yogic managements.
